(June 2022)

In an effort to assist litigants in locating mental health professionals who provide specialized parent education focused on reducing conflict for separated and divorced parents, the Superior Court of California, County of Los Angeles has developed a list of professionals, agencies, or programs in both the private and public sector. This list is compiled as a courtesy for Family Law litigants and is not meant as an endorsement or recommendation of any individual or organization listed.

**Disclaimer**: The Superior Court of California, County of Los Angeles does not endorse any person or agency on this list. The persons and agencies on the list are not employees or agencies of the Los Angeles Superior Court. Arrangements to engage the services of any person or agency on the list are independent contracts between those individuals and agencies and the persons engaging their services, to which the Court is not a party. The r Court has the discretion to remove any individual from the list should information be brought to the Court's attention indicating that an individual or agency should be removed from the list. Complaints concerning any individual or agency on the referral list should be submitted in writing to Family Court Services.

**NOTE**: The parent education programs indicated below may not fulfill the requirements of the "Parents Beyond Conflict" Dependency Court program.

## PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Α	Cornerstone	Counseling
Ce	enter	

Coordinator: Scott T. Barrella, MS, LMFT

Address: 1633 Erringer Road #201C, Simi Valley 93065

568 S. Brand Boulevard, San Fernando 91340;

7277 Valjean Avenue, Van Nuys 91406 **Telephone**: 805-390-6384(all locations) **Website**: www.CornerstoneSV.com **Email**: cornerstonesb@aol.com

Fee per parent per session: \$25, sliding scale from \$25 per

session

Language skills: English and Spanish Length of Program: 4 sessions; 10 Hours

**Attendance**: Parents can attend individually or together, you

can also do conjoint (with Ex Partner) Co-parenting.

We also offer Anger Management and Parenting Classes – Call for full details or visit our website.

Class Size: Varies

Years of experience: 30+

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### PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

A New Paradigm for Parenting Coordinator: Tamar Springer, LCSW

Address: 11911 San Vicente Blvd. #270, Los Angeles 90049

Telephone: 310-699-2809

Email: tamarspringer@gmail.com

Fee per parent per session: Individual Sessions: \$180/hr;

Group Sessions: \$400/ person (Six 2 hour classes)

Language skills: English only

**Length of program**: 12 hours – number of meetings TBD **Attendance**: Parents can attend separately or together. **Class size**: Maximum of 16 participants; Private sessions

available

Years of experience: 25+

A New Way to Win

Coordinator: Tobias Desjardins, LCSW Telephone: (888)-288-1614Ext. 87 Website: <a href="www.anewwaytowin.com">www.anewwaytowin.com</a> Email: <a href="mailto:tobias@whatiscoparenting.com">tobias@whatiscoparenting.com</a>

Online Format: Complete 4, 6, 8 or 10 hours at your

convenience

Online Fee Per Parent: 4 hours \$25, 6 hours \$45, 8 hours

\$65, 10 hours \$85

**In-Person Format:** Complete 4, 6, 8 or 10 hours

sessions on one Saturday

In-Person Fee Per Parent: 4 hours \$125, 6 \$150, 8 hours

\$175, 10 hours \$200

In-Person Locations: Los Angeles, Orange, Riverside,

San Bernardino, and San Diego

**Attendance**: Parents can attend together or separately **Language skills**: English. Spanish speakers may bring a

translator at no cost

Class size: Maximum of 16 participants

Length of Program: 3 session program (10 hours).

Executive format-parents complete the full program in one weekend (Sessions 1 & 2 on Saturday-Session 3 on Sunday)

Years of experience: 18

2

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### PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Advantage Counselling
Services

Coordinator: Elsa Salguero, Ph.D.

Address: 6205 Laurel Canyon Blvd., North Hollywood, CA

91606

Telephone: 818-763-6615 Email: advantagefamily@att.net

Fee per parent per session: \$20 Language skills: Spanish Length of program: 12 Hours (12 sessions of 1-hour class) Attendance: Parents can attend together or separately.

Class size: 16 participants

Years of experience: 15 years clinical experience, working

with families, individuals & groups

Be Well Psychotherapy & Consulting, Inc.

Good Vibrations: Building

Family Res ilience through Co-Parenting Program Coordinator: Patricia Salgado, LCSW

Address: 269 S. Beverly Drive, Suite 507, Beverly Hills, CA

90212

Telephone: 310-387-3761 Email: patsalgado@bewll.net Website: www.bewll.net

Fee per parent/per session: \$60 per hour X 12= Total Cost

\$700 per individual

**Length of program:** 12 hours: 2 hour classes for 6 weeks **Attendance:** Parents may attend together or separately.

Class size: Maximum of 12 participants

Years of experience: 20 years. In health/ social science-

since 1992.

**Better Parenting, Better Divorce** 

Coordinator: Vi Ballard, LMFT, MA

Address: 3424 W. Carson Street, Suite 580, Torrance, CA

90503

**Telephone:** 310-373-7994 **Email:** hitovi@verison.net

Fee per parent/per session: \$400 for 6 sessions per parent

**Length of program:** 12 hours; 6 meetings/ 2 hour per

session

**Attendance:** Parents may attend together or separately

Class size: Maximum 12 participants Years of experience: 28+ years

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#### PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Carlson Counseling & Psychotherapy Parenting & Temper Management

Coordinator: Peter G. Carlson, LMFT

Address: 23210 Crenshaw Blvd., Suite 100, Torrance, CA

90505

**Telephone:** 310-325-8787

Email: PeteCarlsonCounseling@yahoo.com

Fee per parent/per session: \$40

**Length of program:** 12 hours: 24- or 52-week programs **Attendance:** Parents may attend together or separately.

Class size: 2-10 participants

Years of experience: 33 years in mental health field

#### **Channels Of Understanding**

To download flyer and registration form: www.aronsohntherapy.com/channels.htm

Coordinator: Mary Ann Aronsohn, MA, LMFT

Address: 1910Huntington Drive, #15, South Pasadena, 91030-

4887

Telephone: 626-441-5131

Email: m.aronsohn@protonmail.com

Fee per parent per session:\$700 per person for a 2-parent private course(Four 2- hour classes); includes 80-page work

book, audio resource and certificate.

No formal sliding scale, fee may be negotiable especially for a

One parent course

Language skills: English only.

**Length of program**: 16-hour program now being taught privately to one-on-one or 2 coparents, in four 2-hour classes **Attendance**: Prefer both parents attend together, unless

otherwise determined. Class size: 1 or 2

Years of experience: Licensed since 1989

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## PARENT EDUCATION REFERRAL LIST FOR

HIGH CONFLICT PARENTS		
Coparent Solutions	Coordinator: Albert R. Gibbs,Ph.D. Address: 10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community Room, 85 E. Holly, Pasadena 91103 Telephone: 310-475-7544 Website: www.co-parentsolutions.com Email: gibbsphd@aol.com Fee per parent per session:\$390 per parent–12 hour, 6 week series Language skills: English only Length of program: 12 hours, 2 hours per week for 6 weeks Attendance: Parents can attend together or separately Class Size: 10-16 participants Years of experience: 38	
Coparenting With Your Ex (COPE)	Coordinator: Carol Hirshfield, Ph.D. Address: 11340 W. Olympic Blvd., #265, Los Angeles 90064 Telephone: 310-473-3200 Website: www.drcarolhirshfield.com Email: drcarol@drcarolhirshfield.com Fee per parent per session: \$400 Language skills: English only Length of program: 12.5 hours, 5 weeks Attendance: Parents can attend together or separately. Class Size: 8-10 adults Years of Experience: 30+	
DivorcedCoparenting.com (Online)	Coordinator: Alisa Holleron, LCSW Address: 5011 Golden Foothill Pkwy, Suite 6, El Dorado Hills, CA 95762 Telephone: 916-933-5051 Website: www.divorcedcoparenting.com Fee: \$49.99 Language skills: English Length of Program:10-hour Program (Online, self-paced) Attendance: Online format. Years of experience: 30 Years	

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## PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

High Conflict Solutions (Online) Coordinator: Albert R. Gibbs,

**Coordinator**: Albert R. Gibbs, Ph.D. & Donald Gordon, Ph.D. **Address**: Dr. Gibbs:10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community

Room, 85 E. Holly, Pasadena 91103.

Dr. Gordon: 92 Van Ness Ave., Ashland, OR 97520

Telephone: 310-475-7544; 877-874-1365 Website: <a href="www.highconflictsolutions.com">www.highconflictsolutions.com</a> Email: <a href="mailto:staff@divorce-education.com">staff@divorce-education.com</a> Fee: \$129.95; \$25 low income fee waiver

Language skills: English Length of Program: 10 Hours Attendance: Online format

Years of experience: Drs. Gibbs and Gordon 83 Years

JP Coaching and Consulting Inc

(Online)

Coordinator: Janet Price, MBA

Program Supervisor: Raina Krell, Ph.D., MS, PPS, LMHC,

**LPCC** 

Address: 30765 Pacific Coast Hwy, Suite 350, Malibu, CA

90265

**Telephone**: 424-235-5350

Website: ATLAS: Path to Towards Peaceful Co-Parenting

https://www.jpcoachingandconsulting.com/atlas Email: jprice@jpcoachingandconsulting.com

Fee per parent per session: \$695

Language: English

**Length of program**: 10 hours over no less than 3 sessions

Attendance: Online

Lynn A. Gardineer, MA, LMFT

Coordinator: Lynn A. Gardiner, MA, LMFT

Address: 5175 E. Pacific Coast Highway, Suite 304, Long

Beach, CA 90804

Telephone: 562-227-2533
Email: Lynng562@hotmail.com
Fee per parent/ per session: Varies

Language skills: English

Length of program: As Court Ordered

Attendance: As Court Ordered

Class size: 2 +

**Years of Experience:** 25 years of helping families

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PARENT EDUCATION REFERRAL LIST FOR	
HIGH CONFLICT PARENTS	

Mastering the Art of Coparenting

Coordinator: Renee Leff, LMFT, JD

Address: 16133 Ventura Blvd., suite 1235 Encino, CA

91436

Telephone: 310-741-6033
Email: reneeleff@reneeleff.com
Website: www.reneeleff.com

Fee per parent/ per session: \$100; sliding scale available

Language skills: English

Length of program: Minimum of 10 hours

Attendance: Joint and invidiual Class size: Maximum 10 participants Years of Experience: 21+ years

Online Parenting Program (Online)

Coordinator: William Arthur Eddy, LCSW

Address: 530 B Street, Suite 1700, San Diego, CA 92101

**Telephone:** 619-221-9108

Email: Billeddy@highconflictinstitute.com

Fee per parent/ per session: \$139.99 (Discounts for

qualified parents)

Website: www.onlineparentingprograms.com

Language skills: English/ Spanish
Length of program: 12 online sessions

Attendance: Individual/ Joint

Class size: Online

**Years of Experience:** 37 years

**Open Paths Counseling Center** 

Coordinator: Zari Hedayat, PhD

Address: 5731 W. Slauson Ave., Suite 175, Culver City, CA

90230

**Telephone:** 310-258-9677 (310-967-6090 Spanish)

Email: Sierra@openpaths.org
Website: www.,openpaths.org

Fee per parent/ per session: \$15/ per session

Language skills: English and Spanish

Length of program: 15 hours- over 10 sessions

Attendance: Individual

Class size: Maximum of 12 participants

Years of Experience: 30+ years

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#### PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Parenting and Relationship	
<b>Counseling Foundation (PaRC)</b>	
(Online)	

Coordinator: Faye Snyder, Ph.D.

Address: 15545 Devonshire Street, Suite 208, Mission Hills,

CA 91345

**Telephone:** 818-891-8477

Email: info@theparcfoundation.com
Website: www.theparcfoundation.com

Fee per parent/ per session: \$350 for 12 hours/ 4 weeks

Sliding scale available Language skills: English

Length of program: 12 hours/ 16 hours

Attendance: Separately and Jointly. Virtual classes

available.

Class size: Maximum of 10 participants.

Years of Experience: 30 years

## Refuge and Strength Outreach High Risk Parenting (RAS)

Coordinator: Tiffini Coleman, LCSW

Address: 21515 Hawthrone Blvd., Suite 200, Torrance, CA

90503

Telephone: 323-792-8239 Email: rasoutreach@gmail.com

Website: www.courtsupervisionras.com

Fee per parent/ per session: \$25 per session. Sliding scale

available

Language skills: English/ Spanish

Length of program: Min. of 10 hours over no less than 3

sessions.

**Attendance:** Individual and Joint

Class size: Varies

**Years of Experience:** 30+ years

#### **Solution Focused Parenting**

Coordinator: Linda Hayes, LCSW

Address: 15720 Ventura Blvd, Suite 233, Encino, CA 91436

Telephone: 818-378-9893 Email: LCSWLinda@aol.com

Fee per parent/ per session: \$350 per parent. On occasion,

pro bono if class is not full. **Language skills:** English

Length of program: 12 hours; 6 weeks; 2 hours per week

Attendance: Parents attend individually.

Class size: 8-10 participants Years of Experience: 16+ years