(January 2023)

In an effort to assist litigants in locating mental health professionals who provide specialized parent education focused on reducing conflict for separated and divorced parents, the Superior Court of California, County of Los Angeles has developed a list of professionals, agencies, or programs in both the private and public sector. This list is compiled as a courtesy for Family Law litigants and is not meant as an endorsement or recommendation of any individual or organization listed.

Disclaimer: The Superior Court of California, County of Los Angeles does not endorse any person or agency on this list. The persons and agencies on the list are not employees or agencies of the Los Angeles Superior Court. Arrangements to engage the services of any person or agency on the list are independent contracts between those individuals and agencies and the persons engaging their services, to which the Court is not a party. The Court has the discretion to remove any individual from the list should information be brought to the Court's attention indicating that an individual or agency should be removed from the list. Complaints concerning any individual or agency on the referral list should be submitted in writing to Family Court Services.

NOTE: The parent education programs indicated below may not fulfill the requirements of the "Parents Beyond Conflict" Dependency Court program.

PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

A Cornerstone Counseling Center

Coordinator: Scott T. Barrella, MS, LMFT

Address: 1633 Erringer Road #201C, Simi Valley 93065 568

S. Brand Boulevard, San Fernando 91340; 7277 Valjean Avenue, Van Nuys 91406 Telephone: 805-390-6384(all locations) Website: www.CornerstoneSV.com Email: cornerstonesb@aol.com

Fee per parent per session: \$25, sliding scale from \$25 per

session

Language skills: English and Spanish **Length of Program**: 4 sessions; 10 Hours

Attendance: Parents can attend individually or together, you

can also do conjoint (with Ex Partner) Co-parenting.

We also offer Anger Management and Parenting Classes –

Call for full details or visit our website.

Class Size: Varies

Years of experience: 30+

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

A New Paradigm for Parenting

Coordinator: Tamar Springer, LCSW

Address: 11911 San Vicente Blvd. #270, Los Angeles 90049

Telephone: 310-699-2809

Email: tamarspringer@gmail.com

Fee per parent per session: Individual Sessions: \$180/hr;

Group Sessions: \$400/ person (Six 2 hour classes)

Language skills: English only

Length of program: 12 hours – number of meetings TBD **Attendance**: Parents can attend separately or together. **Class size**: Maximum of 16 participants; Private sessions

available

Years of experience: 25+

A New Way to Win

Coordinator: Tobias Desjardins, LCSW **Telephone**: (888)-288-1614 Ext. 87

Website: www.anewwaytowin.com
Email: tobias@whatiscoparenting.com

Online Format: Complete 4, 6, 8, or 10 hours at your

convenience

Online Fee Per Parent: 4 hours \$25, 6 hours \$45, 8 hours

\$65, 10 hours \$85

In-Person Format: Complete 4, 6, 8, or 10 hours

sessions on one Saturday

In-Person Fee Per Parent: 4 hours \$125, 6 \$150, 8 hours

\$175, 10 hours \$200

In-Person Locations: Los Angeles, Orange, Riverside, San

Bernardino, and San Diego

Attendance: Parents can attend together or separately **Language skills**: English. Spanish speakers may bring a

translator at no cost

Class size: Maximum of 16 participants

Length of Program: 3 session program (10 hours).

Executive format-parents complete the full program in one weekend (Sessions 1& 2 on Saturday-Session 3on Sunday)

Years of experience: 18

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Advantage Counselling Services

Coordinator: Elsa Salguero, Ph.D.

Address: 6205 Laurel Canyon Blvd., North Hollywood, CA

91606

Telephone: 818-763-6615 Email: advantagefamily@att.net

Fee per parent per session: \$20 Language skills: Spanish **Length of program**: 12 Hours (12 sessions of 1-hour class) **Attendance**: Parents can attend together or separately.

Class size: 16 participants

Years of experience: 15 years clinical experience, working

with families, individuals & groups

ATLAS: Path Towards Peaceful Co-Parenting

Coordinator: Janet Price, MBA, CDS, C.L.C.

Program Supervisor: Raina Krell, Ph.D., MS, PPS, LMHC,

LPCC

Address: 30765 Pacific Coast Hwy, Suite 350, Malibu, CA

90265

Telephone: 424-235-5350

Website: ATLAS: Path to Towards Peaceful Co-Parenting

https://www.ipcoachingandconsulting.com/atlas Email: jprice@jpcoachingandconsulting.com

Fee: \$695 / parent Language: English

Length of program: 12 hours conducted in 6,

2 hour sessions

Attendance: Online via Zoom Facilitation

Better Parenting, Better Divorce Coordinator: Vi Ballard, LMFT, MA

Address: 3424 W. Carson Street, Suite 580, Torrance, CA

90503

Telephone: 310-373-7994 Email: hitovib@gmail.com

Fee per parent/per session: \$35-\$40 per session per parent

Length of program: 10-12 sessions

Attendance: Parents may attend together or separately

Class size: Maximum 12 participants Years of experience: 28+ years

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Be Well Psychotherapy &
Consulting, Inc.
Good Vibrations: Building
Family Resilience through CoParenting Program

Coordinator: Patricia Salgado, LCSW

Address: 269 S. Beverly Drive, Suite 507, Beverly Hills, CA

90212

Telephone: 310-387-3761 Email: <u>patsalgado@bewll.net</u> Website: www.bewll.net

Fee per parent/per session: \$60 per hour X 12= Total Cost

\$700 per individual

Length of program: 12 hours: 2 hour classes for 6 weeks **Attendance:** Parents may attend together or separately.

Class size: Maximum of 12 participants

Years of experience: 20 years. In health/ social science- since

1992.

Carlson Counseling & Psychotherapy Parenting & Temper Management

Coordinator: Peter G. Carlson, LMFT

Address: 23210 Crenshaw Blvd., Suite 100, Torrance, CA

90505

Telephone: 310-325-8787

Email: PeteCarlsonCounseling@yahoo.com

Fee per parent/per session: \$40

Length of program: 12 hours: 24- or 52-week programs **Attendance:** Parents may attend together or separately.

Class size: 2-10 participants

Years of experience: 33 years in mental health field

Channels Of Understanding

To download flyer and registration form:

www.aronsohntherapy.com/channels.htm

Coordinator: Mary Ann Aronsohn, MA, LMFT

Address: 1910 Huntington Drive, #15, South Pasadena, 91030-

4887

Telephone: 626-441-5131

Email: m.aronsohn@protonmail.com

Fee per parent per session: \$700 per person for a 2-parent private course (Four 2- hour classes); includes 80-page workbook, audio

resource, and certificate.

No formal sliding scale, fee may be negotiable, especially for a

new parent course.

Language skills: English only.

Length of program: 16-hour program now being taught privately to one-on-one or 2 coparents, in four 2-hour classes **Attendance**: Prefer both parents attend together, unless

otherwise determined.

Class size: 1 or 2

Years of experience: Licensed since 1989

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Coparent Solutions Coordinator: Albert R. Gibbs, Ph.D.

Address: 10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community Room, 85

E. Holly, Pasadena 91103 **Telephone**: 310-475-7544

Website: www.co-parentsolutions.com

Email: gibbsphd@aol.com

Fee per parent per session:\$390 per parent-12 hour, 6

week series

Language skills: English only

Length of program: 12 hours, 2 hours per week for 6 weeks **Attendance**: Parents can attend together or separately

Class Size: 10-16 participants Years of experience: 38

Coparenting With Your Ex (COPE)

Coordinator: Carol Hirshfield, Ph.D.

Address: 10801 National Blvd., Suite 265, Los Angeles, CA

90064

Telephone: 310-473-3200

Website: www.drcarolhirshfield.com **Email:** drcarol@drcarolhirshfield.com

Fee per parent per session: \$400 for 6 week sessions

Language skills: English only

Length of program: 12 hours over 6 weeks

Attendance: Online, live participation via HIPPA Complaint video format. Parents are advised to take the series together

but may take it separately.

Class Size: 8-10 adults Years of Experience: 30+

DivorcedCoparenting.com (Online)

Coordinator: Alisa Holleron, LCSW

Address: 5011 Golden Foothill Pkwy, Suite 6, El Dorado Hills,

CA 95762

Telephone: 916-933-5051

Website: www.divorcedcoparenting.com

Fee: \$49.99

Language skills: English

Length of Program:10-hour Program (Online, self-paced)

Attendance: Online format. Years of experience: 30 Years

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

High Conflict Solutions (Online)

Coordinator: Albert R. Gibbs, Ph.D. & Donald Gordon, Ph.D. **Address**: Dr. Gibbs:10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community

Room, 85 E. Holly, Pasadena 91103.

Dr. Gordon: 92 Van Ness Ave., Ashland, OR 97520

Telephone: 310-475-7544; 877-874-1365 **Website**: www.highconflictsolutions.com **Email**: staff@divorce-education.com **Fee**: \$129.95; \$25 low-income fee waiver

Language skills: English Length of Program: 10 Hours Attendance: Online format

Years of experience: Drs. Gibbs and Gordon 83 Years

Lynn A. Gardiner, MA, LMFT

Coordinator: Lynn A. Gardiner, MA, LMFT

Address: 5175 E. Pacific Coast Highway, Suite 304, Long

Beach, CA 90804

Telephone: 562-227-2533
Email: <u>Lynng562@hotmail.com</u>
Fee per parent/ per session: Varies

Language skills: English

Length of program: As Court Ordered

Attendance: As Court Ordered

Class size: 2 +

Years of Experience: 25 years of helping families

Mastering the Art of Coparenting

Coordinator: Renee Leff, LMFT, JD

Address: 16133 Ventura Blvd., suite 1235 Encino, CA

91436

Telephone: 310-741-6033 **Email:** reneeleff@reneeleff.com Website: www.reneeleff.com

Fee per parent/ per session: \$100; sliding scale available

Language skills: English

Length of program: Minimum of 10 hours

Attendance: Joint and individual **Class size:** Maximum 10 participants **Years of Experience:** 21+ years

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Online Parenting Program (Online)

Coordinator: William Arthur Eddy, LCSW

Address: 530 B Street, Suite 1700, San Diego, CA 92101

Telephone: 619-221-9108

Email: Billeddy@highconflictinstitute.com

Fee per parent/ per session: \$139.99 (Discounts

for qualified parents)

Website: www.onlineparentingprograms.com

Language skills: English/ Spanish Length of program: 12 online sessions

Attendance: Individual/ Joint

Class size: Online

Years of Experience: 37 years

Open Paths Counseling Center

Coordinator: Zari Hedayat, PhD

Address: 301 N Prairie Ave., Suite 510, Inglewood, CA

90301

Telephone: 310-258-9677
Email: Inquiry@openpaths.org
Website: www.,openpaths.org

Fee per parent/ per session: \$15/ per session

Language skills: English and Spanish

Length of program: 15 hours- over 10 sessions

Attendance: Individual

Class size: Maximum of 8 participants Years of Experience: 30+ years

Parenting and Relationship Counseling Foundation (PaRC) (Online)

Coordinator: Faye Snyder, Ph. D

Address: 15545 Devonshire Street, Suite 208, Mission Hills,

CA 91345

Telephone: 818-891-8477

Email: info@theparcfoundation.com
Website: www.theparcfoundation.com

Fee per parent/ per session: \$350 for 12 hours/ 4 weeks

Sliding scale available Language skills: English

Length of program: 12 hours/ 16 hours

Attendance: Separately and Jointly. Virtual classes

available.

Class size: Maximum of 10 participants.

Years of Experience: 30 years

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PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

Refuge and Strength Outreach High Risk Parenting (RAS)

Solution Focused Parenting

Refuge and Strength Outreach Coordinator: Tiffini Coleman, LCSW

Address: 21515 Hawthrone Blvd., Suite 200, Torrance, CA

90503

Telephone: 323-792-8239 Email: rasoutreach@gmail.com

Website: www.courtsupervisionras.com

Fee per parent/ per session: \$25 per session. Sliding scale

available

Language skills: English/ Spanish

Length of program: Min. of 10 hours over no less than 3

sessions.

Attendance: Individual and Joint

Class size: Varies

Years of Experience: 30+ years **Coordinator: Linda Hayes, LCSW**

Address: 15720 Ventura Blvd, Suite 233, Encino, CA 91436

Telephone: 818-378-9893 Email: LCSWLinda@aol.com

Fee per parent/ per session: \$350 per parent. On occasion,

pro bono if class is not full. **Language skills:** English

Length of program: 12 hours; 6 weeks; 2 hours per week

Attendance: Parents attend individually.

Class size: 8-10 participants
Years of Experience: 16+ years